



Recognitions

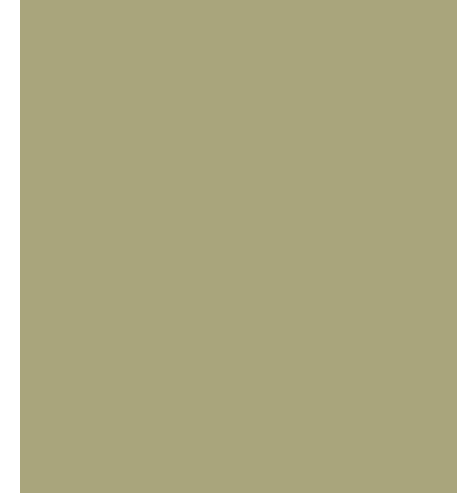
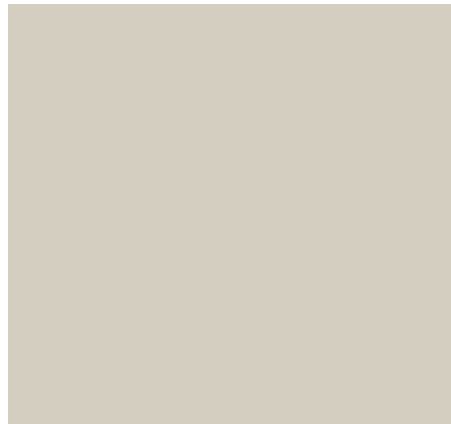
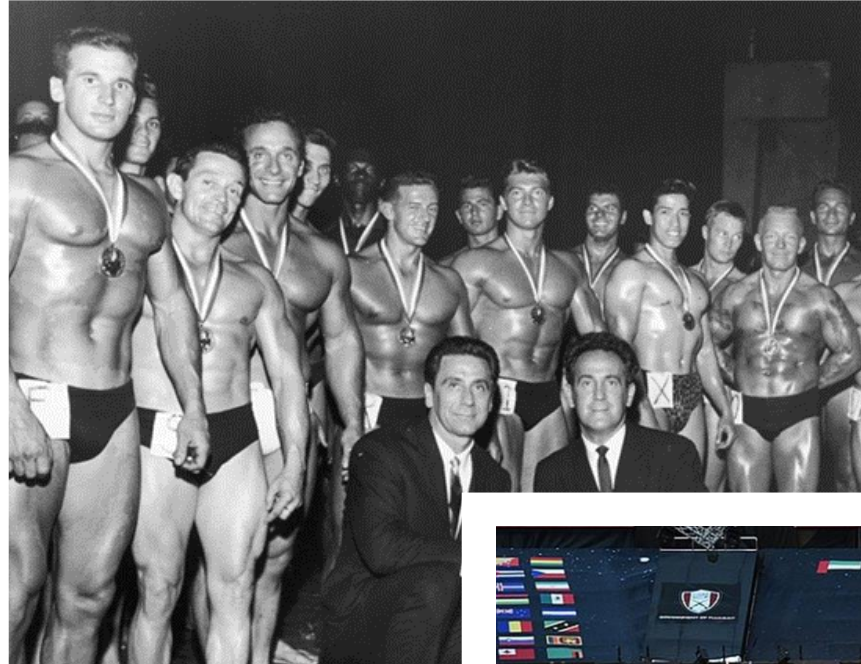
International Federation of Bodybuilding and Fitness

July, 2020



The **INTERNATIONAL FEDERATION OF BODYBUILDING AND FITNESS (IFBB)** was founded in 1946 and has its head office in Madrid (Spain).

Today, the IFBB is one of the world's largest international amateur sport governing bodies, with 199 National Affiliates, 5 Continental Federations and 4 Regional Federations.



THE IFBB RECOGNITIONS

The IFBB is a member of and/or is recognized by most of the international sports associations and organizations worldwide.



Recognitions

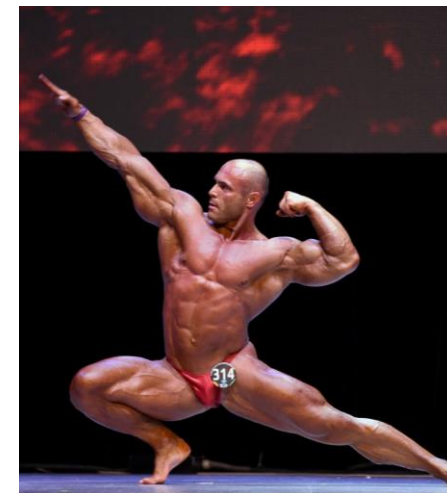
- A. Member of Global Association of International Sports Federations (GAISF)
- B. WADA Code Signatory
- C. IFBB Recognitions
 - 1. Olympic Organizations:
 - 1.1 Olympic Council of Asia (OCA)
 - 1.2 Panam Sports (PASO)
 - 1.3 Central American and Caribbean Sports Organization (ODECABE)
 - 1.4 Central American Sports Organization (ORDECA)
 - 1.5 South American Sports Organization (ODESUR)
 - 1.6 Association of National Olympic Committees of Africa (ANOCA)
 - 2. International Sports Associations
 - 2.1 Association of Pan-American Sports Confederations (ACODEPA)
 - 2.2 Association of African Sports Confederations (AASC)
 - 2.3 Alliance of Independent Recognized Members of Sport (AIMS)
 - 2.4 International World Games Association (IWGA)
 - 2.5 International University Sports Federation (FISU)
 - 3. Membership / Partnership with Sports-Related Associations
 - 3.1 European Union Sport Forum
 - 3.2 European College of Sport Science
 - 3.3 International Sport Press Association
 - 3.4 International Council for Coaching Excellence
 - 3.5 International Council of Sport Science and Physical Education
 - 3.6 International Pierre de Coubertin Committee
 - 3.7 Peace and Sport
 - 3.8 Sport Academy Europe



A. The IFBB is a member of the Global Association of International Sports Federations (GAISF)

The IFBB was officially recognized by GAISF in 1971
(<https://gaisf.sport/members/>).

One Voice for all Sport



B. The IFBB is a WADA Code Signatory

The IFBB is firmly committed in the fight against doping in sport and is a defendant of the public health. As a consequence, the IFBB is the unique international federation in the sports of bodybuilding and fitness being recognised by the World Anti-Doping Agency since 2003, when it became a WADA Code Signatory

(<https://www.wada-ama.org/en/code-signatories>).



CODE SIGNATORIES

THE SPORT ORGANIZATIONS WITHIN THE FOLLOWING CATEGORIES HAVE ACCEPTED THE CODE:

Olympic Movement

National Anti-Doping Organizations (NADOs)

Outside the Olympic Movement

Signatories

Sport Organizations

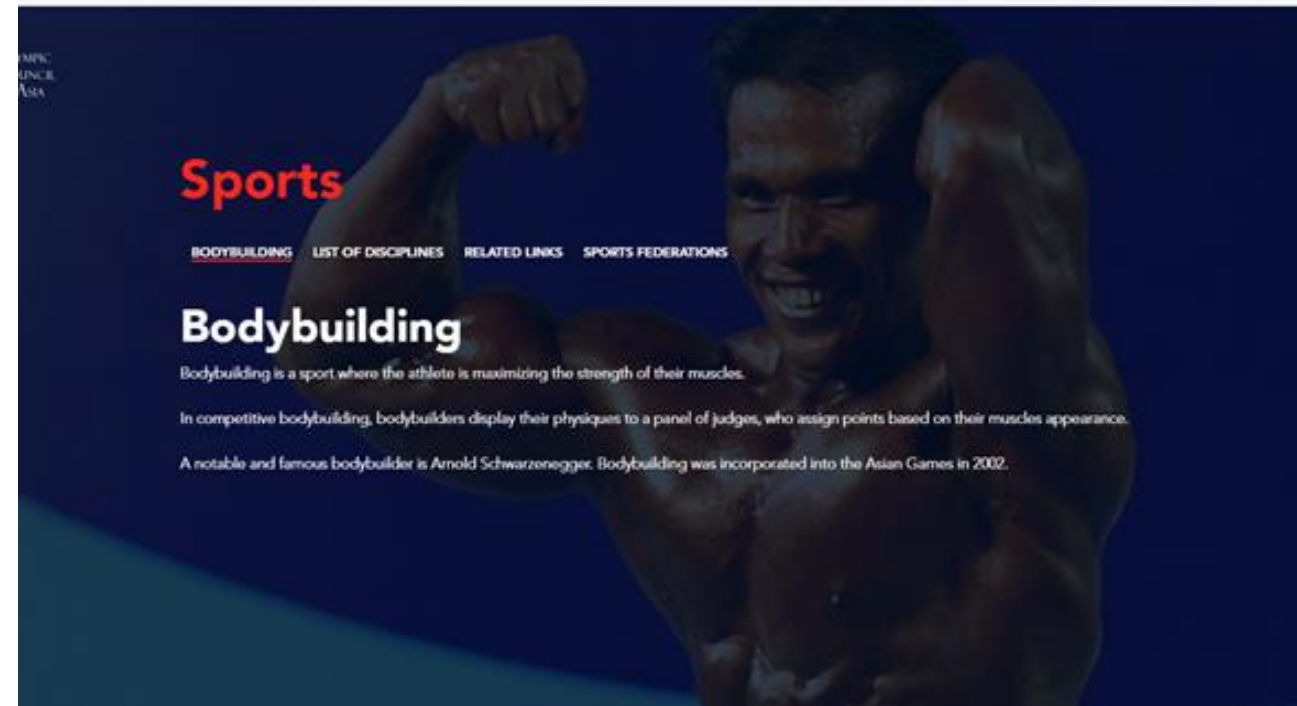
AIMS (Alliance of Independent recognized Members of Sport)

- Aikido (IAF) - International Aikido Federation
- Armwrestling (WAF) – World Armwrestling Federation
- Bodybuilding (IFBB) - International Federation of Bodybuilding & Fitness

1. Olympic Organizations

1.1 Olympic Council of Asia (OCA)

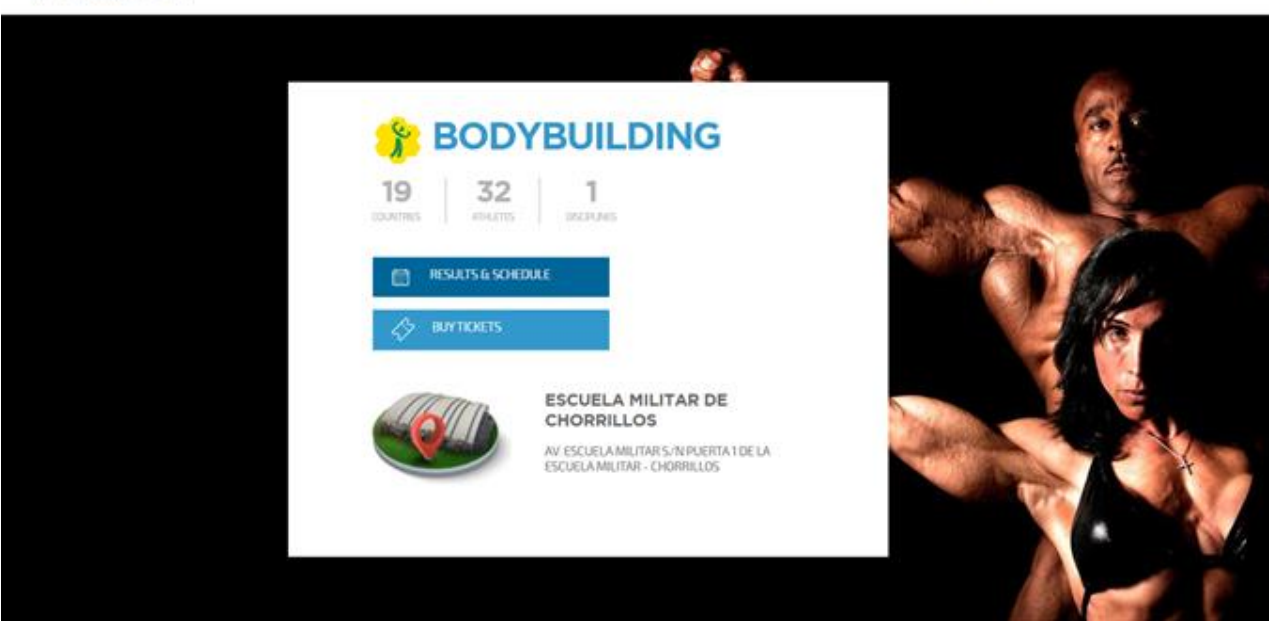
<https://www.ocasia.org/sports/81-bodybuilding-bo.html>



1. Olympic Organizations

1.2 Panam Sports Organization (PASO)

<https://www.lima2019.pe/deportes-panamericanos/fisicoculturismo>



1. Olympic Organizations

1.3 Central American and Caribbean Sports Organization (ODECABE)

<https://www.copanama.com/panam%C3%A1-2022.html>



EJECUTIVO DE ODECABE APRUEBA 3 NUEVOS DEPORTES PARA PANAMA 2022

El Nuevo ejecutivo de la organización Centroamericana y del Caribe realiza su primera reunión presencial luego de su elección hace 30 días.

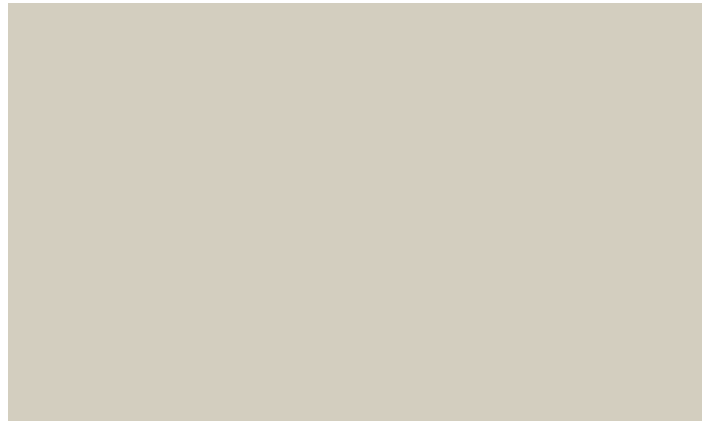
Panamá - El Comité Ejecutivo de la Organización Deportiva Centroamericana y del Caribe (ODECABE) aprobó la inclusión de 3 nuevos deportes para los juegos de Panamá 2022 durante su primera reunión presencial luego de su elección hace un mes.

El organismo presidido por Luis Mejía informó que se aceptaron los deportes de Netball, Surf y Fisiculturismo. Netball un deporte de mucho arraigo y crecimiento en las islas del Caribe; Surf un deporte que fue muy exitoso en los pasados juegos Panamericano de Lima 2019 y de mucha práctica en Centroamérica; y fisiculturismo, un deporte que también estuvo presente en el calendario panamericano y de arraigo mundial.

ODECABE Executive Committee approves three new sports for Panama 2020, among them, bodybuilding.

1. Olympic Organizations

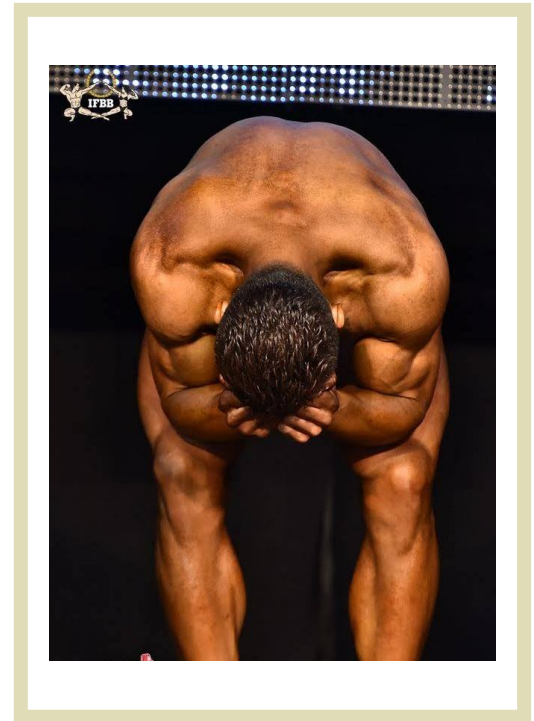
1.4 Central American Sports Organization (ORDECA)



1. Olympic Organizations

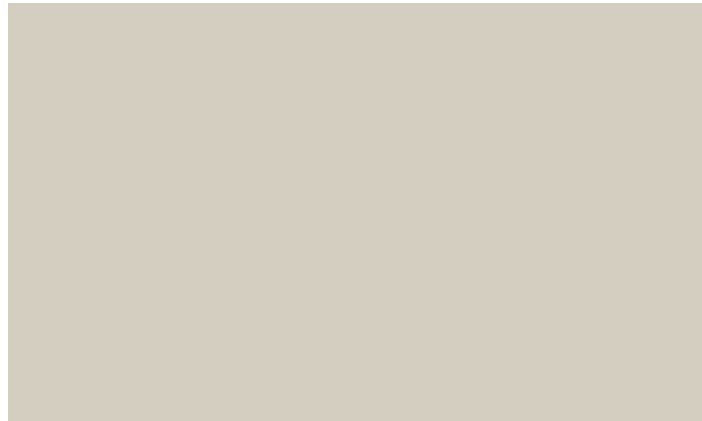
1.5 South American Sports Organization (ODESUR)

Bodybuilding is included in the sports program of the South American Games to be held in Asunción (Paraguay) in 2022.



1. Olympic Organizations

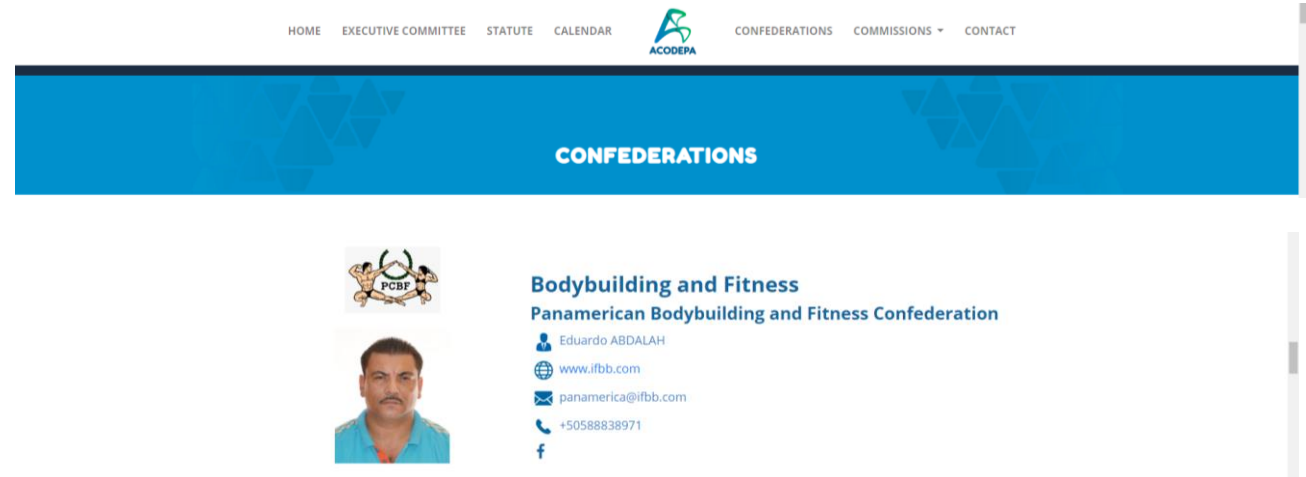
1.6 Association of National Olympic Committees of Africa (ANOCA)




2. International Sports Associations


2.1 Association of Pan-American Sports Confederations (ACODEPA)


<http://acodepa.org/en/confederations>



HOME EXECUTIVE COMMITTEE STATUTE CALENDAR  CONFEDERATIONS COMMISSIONS CONTACT

CONFEDERATIONS


Bodybuilding and Fitness
Panamerican Bodybuilding and Fitness Confederation

 Eduardo ABDALAH
www.ifbb.com
panamerica@ifbb.com
+50588838971



2. International Sports Associations



10/6/2020 Confederations members

Home / Confederations Members

Confederations members

Scroll horizontally to view the whole table

N°	DESIGNATION	PRESIDENT & SECRETAIRE GENERAL	SIEGE	CONTACT
8	BODYBUILDING	PDT : Dr. ENG . ADEL FAHIM ELSAYED SALEM	EGYPT	IFBBCAIR adelfahim2 adel_fahim efbb@link.i MOBILE : () OFFICE / F

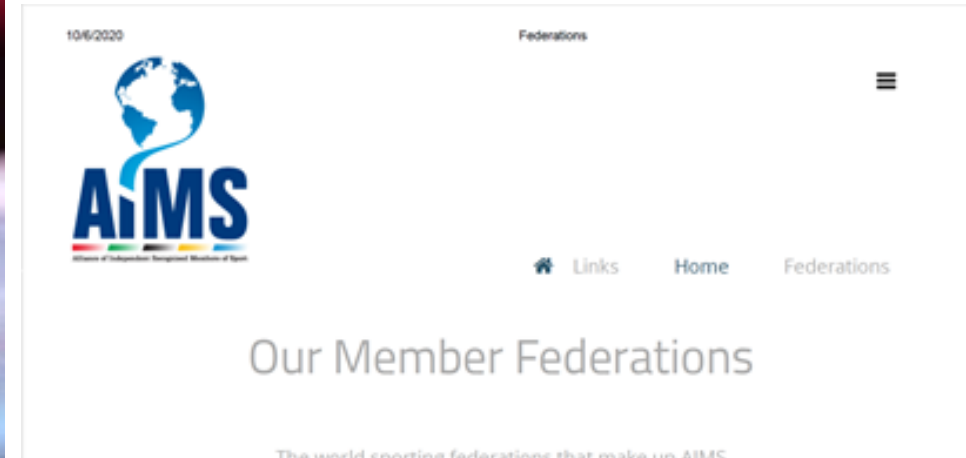
2.2 Association of African Sports Confederations (AASC)

<https://www.ucsa-aasc.org/confederation-members>

2. International Sports Associations

2.3 Alliance of Independent Recognized Members of Sport (AIMS)

<http://aimsif.org/news/author/bodybuilding/>



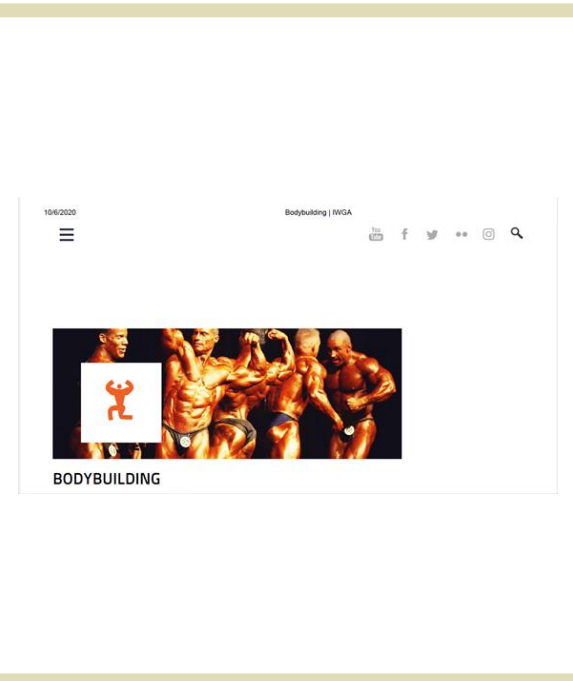
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Bodybuilding (IFBB)

International Federation of BodyBuilding and Fitness, IFBB, is the governing body of the sport of bodybuilding and fitness, which includes 199 countries as national federations. Its President is Dr. Rafael Santonja. IFBB headquarters

2. International Sports Associations

2.4 International World Games Association (IWGA)

<https://www.theworldgames.org/sports/Bodybuilding-45>



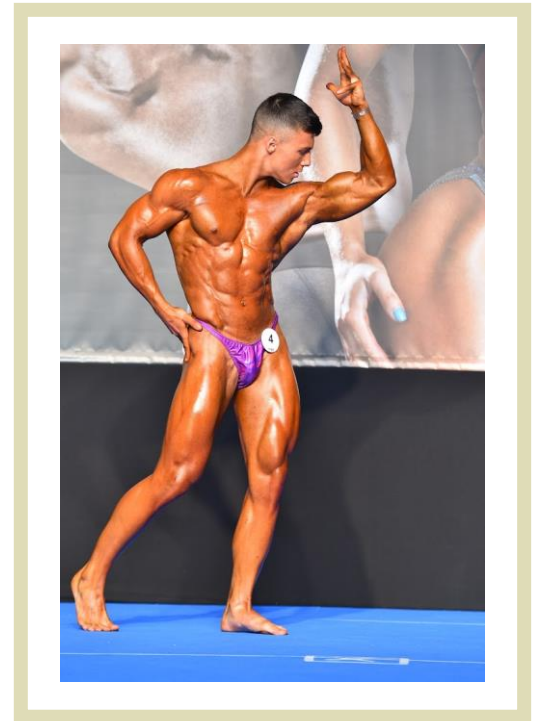
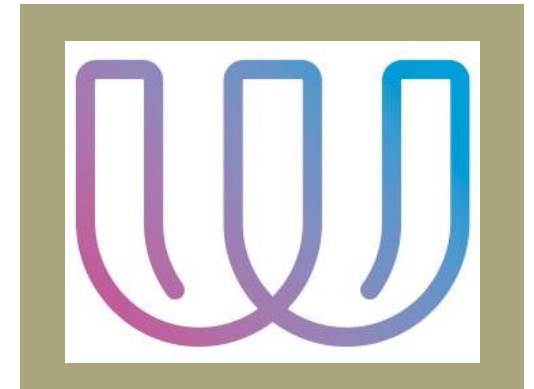
CLUSTERS

- Strength Sports

Founding Member, IWGA Member Federation since 1980.
Learn more about Bodybuilding and Fitness on the IFBB website.

Good to know
IFBB is one of the founding members of the IWGA in 1980.

Fun Fact
Following specific formula, the competitions in the men's world-level Bodybuilding competitions are performed in nine body-weight and five body-height categories.





2. International Sports Associations

2.5 International University Sports Federation (FISU)

3. Membership / Partnership with Sports-Related Associations

- European Union Sport Forum
- European College of Sport Science
- International Sport Press Association
- International Sport Press Association
- International Council for Coaching Excellence
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Peace and Sport
- Sport Academy Europe

Being conscientious of the benefits that a bodybuilding lifestyle can play in the populations health, the IFBB maintains active relationships with scientific and sport international organizations, expanding its practice as an ideal anti-aging tool for which the best examples are the legion of outstanding athletes who compete in the IFBB master categories.

